

Confidential Health History

Name: _____ Date: _____

Home Address: _____ Birthdate: _____

Preferred phone number: _____ cell ___ work ___ home

Alternate phone number: _____ cell ___ work ___ home

Occupation/student status: _____ Employer: _____

Age: ___ Gender: _____ Height: ___ Weight: ___ Name you prefer to be called: _____

Relationship status: ___ single ___ married ___ live-in partnership ___ separated ___ divorced ___ widowed

Name of spouse/partner/guardian if a minor: _____

Number of Children: ___ Who referred you to our office (so we can thank them)?: _____

Person to contact in case of emergency (name/number): _____

Name of Insurance Co: _____

Insured's name: _____ Insured's birthdate: _____

Please describe the primary condition for which you seek treatment at this office:

When did this condition start? _____

Is your condition getting progressively worse? Yes ___ No ___ Constant ___ Comes and goes ___

Is your condition interfering with your: Work ___ Sleep ___ Daily routine ___ Exercise ___

List any doctors seen for this: _____

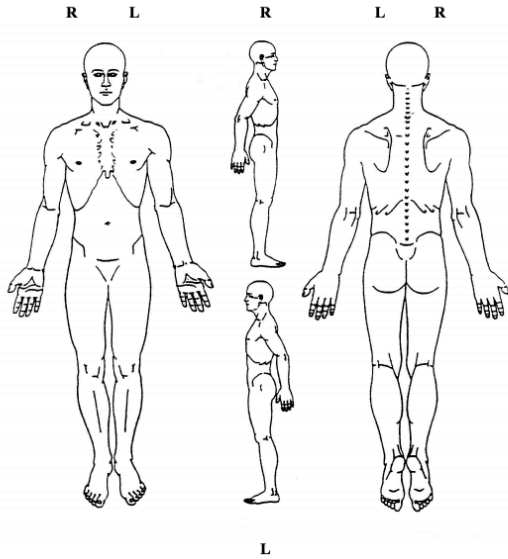
List any diagnoses or treatment received: _____

Have you had any relatives with a similar condition? _____

Do you use any orthotic devices? Cane ___ orthotics ___ heel lift ___ other _____

Name: _____ Signature: _____

Please mark your areas of pain on the figure below:



Lifestyle: Amount daily

Alcohol _____

Coffee _____

Tobacco _____

Water _____

Exercise _____

Sleep _____

Glasses/contacts? _____

Allergies: _____

List any accidents: _____ Dates: _____

Broken bones: _____ Dates: _____

Serious Falls/injuries: _____ Dates: _____

Additional information pertinent to health: _____

List and past or present illnesses or medical problems:

List any surgeries: _____ Dates: _____

_____ Dates: _____

_____ Dates: _____

List any X-rays, MRI and/or CT scan taken in the last 10 years:

_____ Dates: _____

_____ Dates: _____

_____ Dates: _____

Circle any of the symptoms listed below that you have experienced:

Fatigue, weight loss, insomnia, blurry vision, change in vision, ear pain, hearing loss, throat pain, hoarseness, sinus pain, nasal congestion, cough, shortness of breath, wheezing, chest pain, palpitations, vertigo, nausea, diarrhea, constipation, bloating, abdominal pain, reflux, incontinence, joint pain, muscle pain, headache, numbness, tingling, dizziness, muscle weakness, sciatica, hair loss, dry skin, hot flashes, depression, anxiety.

Name: _____

Signature: _____